

# LOOKING AFTER MYSELF





First Edition 1979

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Oh, what fun  
To race with the sun!  
When I'm out of bed,  
The sun's not out yet.



Little kitten, don't run away.  
See what I'm going to wear today.  
I put on my socks and shoes so bright.  
Do you think I look all right?







I always make the bed myself  
And never need my mummy's help.  
I spread my bedsheet nice and flat  
And give my pillow a little pat.





I brush my teeth and wash my face,  
Then put my bowl and mug in place.





Then I go and comb my hair  
And tie a big red ribbon there.  
When I smile in the mirror, I see  
Another face smiling back at me.





To make my porridge nice and hot,  
I warm it in a great big pot.  
I will finish eating soon,  
Then I'll wash my bowl and spoon.





With my toys I take great care  
Not to leave them here and there.  
If a toy gets broken in two,  
I stitch it up or mend it with glue.







I get some soap and water and rub  
My hankies and socks in a big wash-tub.  
When they're clean, I hang them high  
Upon a bamboo pole to dry.





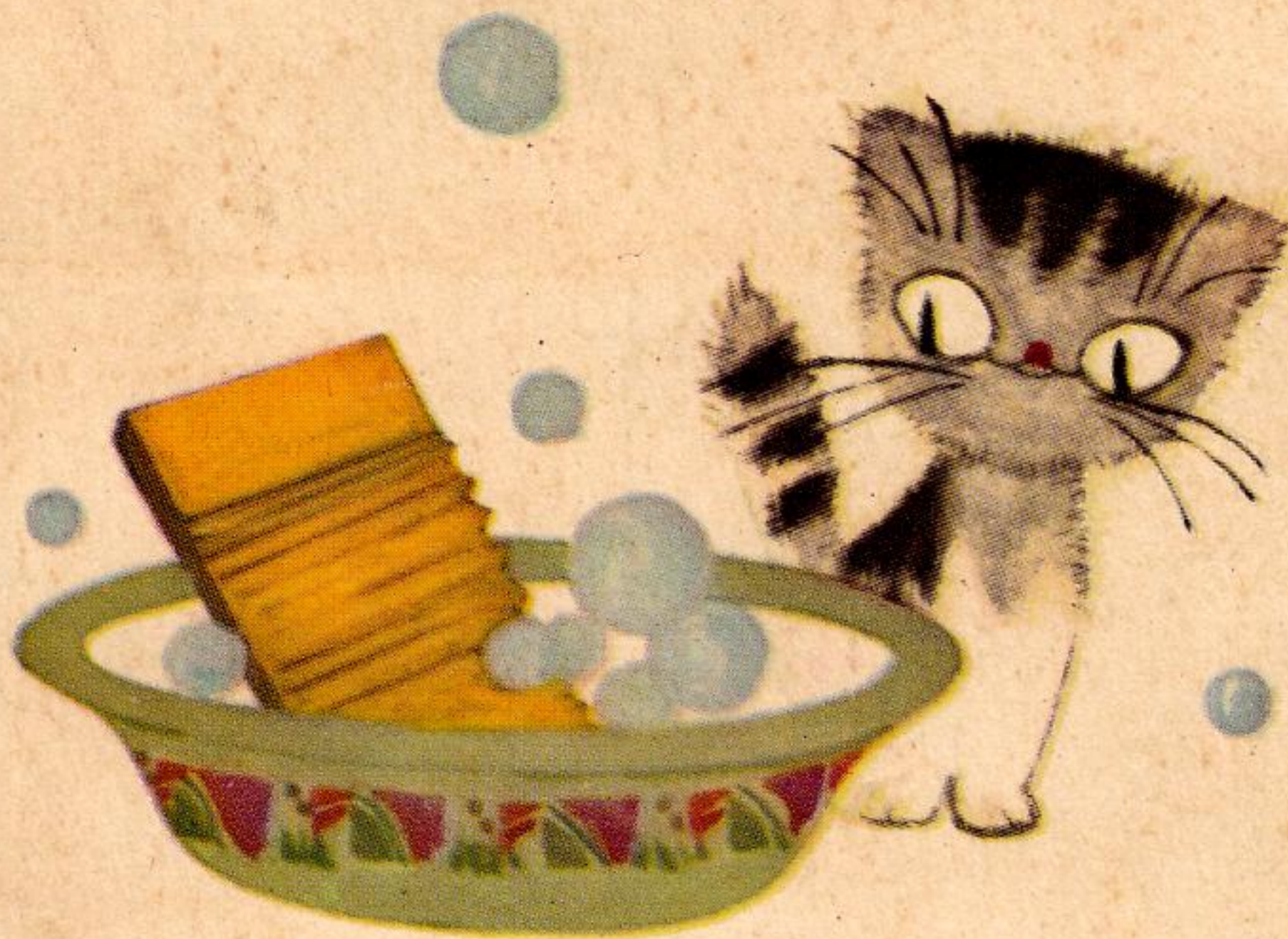
Then I go and sweep the room  
With a dustpan and a broom.  
I dust and clean as well as I can,  
So that everything's spick and span.





Then out into the garden I go  
To water the flowers and see them grow.  
When all is done, I sing to myself:  
"How nice it is to look after myself!"





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自己的事自己做

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